

FAST Assessment



The Functional Assessment Staging Tool (FAST) is used to help physicians, medical professionals and family members understand talk about and follow the progression of Dementia. It was developed to help determine the stage and severity of an individual's mental decline.

Stage	Assessment <i>(score is highest consecutive level of disability)</i>
1	No difficulties, either subjectively or objectively
2	Complains of forgetting location of objects; subjective word finding difficulties only
3	Decreased ability to perform complex tasks (e.g., planning dinner for guests; handling finances; marketing)
4	Decreased job function evident to coworkers; difficulty in traveling to new locations
5	Requires assistance in choosing proper clothing for the season or occasion
6a	Difficulty dressing properly without assistance
6b	Unable to bathe properly; may develop fear of bathing. Will usually require assistance adjusting bath water temperature
6c	Inability to handle mechanics of toileting (i.e., forgets to flush; doesn't wipe properly)
6d	Urinary incontinence, occasional or more frequent
6e	Fecal incontinence, occasional or more frequent
7a	Ability to speak limited to about half a dozen words in an average day
7b	Intelligible vocabulary limited to a single word in an average day
7c	Non-ambulatory (unable to walk without assistance)
7d	Unable to sit up independently
7e	Unable to smile
7f	Unable to hold head up

The Hospice Care Center team is available for consultations.

Please let us know how we can serve you.

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