

# Palliative Performance Scale



The Karnofsky Palliative Performance Scale (PPS) is a tool used to assess a patient's functional performance and to determine progression toward end of life. It is a helpful reference in timing the goals-of-care conversation with patients and their families. Patients with a PPS score <70% may be appropriate for hospice care; however, this scale and rating does not take the place of a physician's professional judgement.

%	Ambulation	Activity Level and Evidence of Disease	Self-Care	Intake	Level of Consciousness
100	Full	<ul style="list-style-type: none"> <li>Normal</li> <li>No disease evident</li> </ul>	Full	Normal	Full
90	Full	<ul style="list-style-type: none"> <li>Normal</li> <li>Some disease evident</li> </ul>	Full	Normal	Full
80	Full	<ul style="list-style-type: none"> <li>Normal with effort</li> <li>Some disease evident</li> </ul>	Full	Normal or Reduced	Full
70	Reduced	<ul style="list-style-type: none"> <li>Unable to perform normal job/work</li> <li>Some disease evident</li> </ul>	Full	As above	Full
60	Reduced	<ul style="list-style-type: none"> <li>Unable to perform any job/work</li> <li>Significant disease</li> </ul>	Occasional assistance needed	As above	Full or confusion
50	Mainly Sit / Lie	<ul style="list-style-type: none"> <li>Unable to perform any job/work</li> <li>Extensive disease</li> </ul>	Considerable assistance needed	As above	Full or confusion
40	Mainly in Bed	<ul style="list-style-type: none"> <li>As above</li> </ul>	Mainly assistance	As above	Full or drowsy or confusion
30	Bed Bound	<ul style="list-style-type: none"> <li>As above</li> </ul>	Total care	Reduced	As above
20	Bed Bound	<ul style="list-style-type: none"> <li>As above</li> </ul>	As above	Minimal	As above
10	Bed Bound	<ul style="list-style-type: none"> <li>As above</li> </ul>	As above	Mouth care only	Drowsy or coma
0	Death				

The Hospice Care Center team is available for consultations.  
Please let us know how we can serve you.

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